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Wednesday



PUTTING THEIR DUKES UP

Revitalized Terps get ready to play host to their fiercest rival **11**

THE TOAST OF THE TUBE

TV is awash in new shows devoted to the fine art of drinking **23**



2,000 MILES OF MISERY

Paralyzing storm makes its way across the nation's heartland **3**

am **54** | **27** pm

FOR EXTENDED FORECAST, SEE PAGE 29

FEBRUARY 2, 2011 | A PUBLICATION OF *The Washington Post* | NEWS, ENTERTAINMENT, ARTS, LIFESTYLES | **FREE DAILY**

UPHEAVAL IN EGYPT



MUBARAK ANNOUNCES HE WON'T SEEK RE-ELECTION, BUT FURIOUS PROTESTERS SAY THAT'S NOT ENOUGH 7

'GO NOW!'

JOSEPH EID/AP/GETTY IMAGES



eye openers

Savor This as You Ride The Elevator One Floor

Thomas Dold, of Stuttgart, Germany, has won the Empire State Building Run-Up for the sixth-straight year. Dold dashed up 86 flights of stairs Tuesday in 10 minutes, 10 seconds, beating last year's time by six seconds. The New York Road Runners club says Alice McNamara of Melbourne, Australia, won the women's division with a time of 13 minutes, 3 seconds. The 1,576-step race goes from the lobby to the observation deck. (AP)

"I am very, very blessed. One day, I want to meet Oprah and a lot of more celebrities."

— **JAZZ ISON SINKFIELD**, AN ATLANTA WOMAN WHO'S BEEN GROWING HER FINGERNAILS FOR 20 YEARS. THE LONGEST IS 24 INCHES. SHE SAYS SHE CAN'T TYPE, TIE HER SHOES OR BOWL.

100 Percent Original Song Owes Nothing to 'Bad Boys'

The U.S. Virgin Islands police department now has its own theme song. Commissioner Novelle Francis on Monday said an original song called "Don't Run, Don't Hide" will be a source of pride for territory police. "We may be the only police department in the entire world with its own theme song," he said. The song was released to coincide with the broadcast of a local TV program called "VI Cops," which documents a night in the life of patrol officers. (AP)

The Big Picture

MICHAEL REGAN/GETTY IMAGES



A COMPETITOR in the 2011 Tough Guy Challenge braves the flames Sunday in Perton, England. Thousands of participants from around the world convened to run the eight-mile course of mud, freezing water and fire. (GETTY)

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Snowstorm Lives Up to the Hype

Brutal weather covers 2,000 miles in heavy winds, whiteouts, ice

St. Louis

Layers of dangerous ice and blowing snow closed roads and airports from Texas to Rhode Island on Tuesday as a monster storm began bearing down on the nation, and those in its frigid path started to believe it would live up to its hype.

The storm's more than 2,000-mile reach threatened to leave about a third of the nation covered in a hodgepodge of harsh weather. Ice fell first and was expected to be followed by up to 2 feet of snow in some places. Storm-battered New England towns feared they wouldn't have anywhere to put it.

Making matters worse was the expectation of brutal cold and winds gusting to near 60 mph.

Snow and ice fell to varying degrees from Colorado to Maine, tornadoes were possible in the South, and the weather disrupted the lives of millions. Multiple airports were at least temporarily shut down due to ice.



A stranded motorist battles wind and flurries as she reaches for her shovel to try to dig out her car Tuesday in Edmond, Okla.

“By the time I got to Columbia, all hell broke loose.”

— **TRUCK DRIVER DAVID PECK**, AS HE WAITED OUTSIDE ST. LOUIS TO DELIVER FOOD TO A RESTAURANT WHOSE OWNERS WERE NOWHERE TO BE SEEN.

Flight tracking service FlightAware had logged almost 6,000 cancellations by midday Tuesday. More were expected Wednesday.

Whiteouts paralyzed Oklahoma City and the Tulsa area. Blowing snow created drifts up to 4 feet high, and trucks, city buses, snowplows and at least one ambulance had trouble navigating the treacherous roadways.

After burying the Midwest, the storm was expected to sweep into the Northeast, parts of which already are on track for record snowfall this winter. A winter storm warning was in effect for New York

City, with forecasters predicting a mix of snow, sleet and ice.

In Chicago, the National Weather Service warned high winds could produce waves on Lake Michigan of up to 25 feet. School districts, universities and legislatures closed. Governors in Kansas, Oklahoma, Missouri and Illinois declared emergencies, and others activated the National Guard to help stranded motorists and others affected by the storm. **JIM SALTER (AP)**

DAVID MCDANIEL/AP

In Brief

PATTERSON, CALIF.

Kidnapped Boy, 4, Found Dead in Canal in Calif.

Authorities say the body of a child found in a Central California canal belongs to the 4-year-old boy who was kidnapped from his home Jan. 18 by his mother's ex-boyfriend, Jose Rodriguez. Stanislaus County Sheriff Adam Christianson said Tuesday officials have confirmed the body is that of Juliani Cardenas. **(AP)**

DETROIT

Lawyer: Mosque Plot Suspect Meant No Harm

A lawyer for a California man accused of planning to attack a Michigan mosque says he's concerned about his client's mental state and that he doesn't believe his client meant to hurt anyone. Attorney Mark Haidar says 63-year-old Roger Stockham told him Tuesday that he didn't plan to blow up the Islamic Center of America in Dearborn. Stockham was arrested near the mosque during a Jan. 24 traffic stop. **(AP)**

ATLANTA

Only Half Treat Their Bad Cholesterol, Say Officials

Centers for Disease Control and Prevention health officials said Tuesday only about half of U.S. adults with high levels of bad cholesterol are getting treatment. Worse, not all those treated are managing to control the problem. **(AP)**

114 **The age of Besse Cooper**, of Monroe, Ga., who is now believed to be the oldest person in the world. When asked about her new title Tuesday, Cooper, who is 114 years and 5 months old, said it's "rather great." According to the Atlanta Journal-Constitution, Cooper said her recipe for her longevity is minding her own business and not eating junk food. **(AP)**



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Nation

Dow Reaches Milestone

Stock market index closes above 12,000 for first time in years

New York

Two years ago, the stock market was roadkill along the financial highway. Now one of the greatest bull markets in history is rolling along — maybe enough to finally get the attention of average investors.

The Dow Jones industrial average closed above 12,000 for the first time in two and a half years Tuesday, putting the Great Recession even farther in the rearview mirror and erasing most of the damage it inflicted on tens of millions of retirement accounts.

A broader measure of the stock market, the Standard & Poor's 500 index, closed above 1,300 for the first time since Aug. 28, 2008. And at least one widely watched measure suggests stocks are still cheap by historical standards.

The Dow closed at 12,040.16 on



Trader John Strazza, center, reacts Tuesday while at the New York Stock Exchange.

Tuesday, advancing 148 points after strong corporate earnings reports and signs that the manufacturing sector had a good month in January. The S&P 500 closed at 1,307.59, up 21 points.

The rebound could bring small investors back to the stock market. They have pulled nearly \$245 billion out of U.S. stock mutual funds since June 2008, the last time the Dow was at 12,000, according to the

Investment Company Institute.

And if Americans believe in the stock market again, it could accelerate the economic recovery.

"The Dow at 12,000 could boost the psychology of the American investor and be a more powerful stimulant than anything else in driving the next stage of this bull market," says David Kelly, chief market strategist at J.P. Morgan Funds.

DAVID K. RANDALL (AP)

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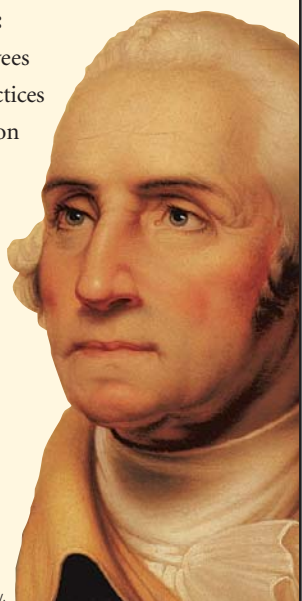
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"New York is about fairness and equality, and everyone should have the right to marry the person that they love."

— **BARBARA BUSH**, ANNOUNCING HER SUPPORT FOR GAY MARRIAGE IN A YOUTUBE VIDEO RELEASED BY THE HUMAN RIGHTS CAMPAIGN ON TUESDAY.

GOP Pushes Health Care Repeal

Health Care

Senate Minority Leader Mitch McConnell, R-Ky., on Tuesday introduced a measure aimed at repealing the national health care overhaul as an amendment to the first Senate bill of the new Congress.

McConnell proposed the repeal measure as an amendment to a Federal Aviation Administration funding bill. The move came one day after a federal judge in Florida ruled that Congress had overstepped its authority by mandating insurance for nearly all Americans. A vote could come as early as Wednesday, according to a Senate Democratic leadership aide.

Senate Democratic leaders promised on Tuesday that any Republican-led repeal effort would be defeated, potentially by Democrats raising a point of order

Garnering Votes

The push for a vote on repealing the health care law has picked up broad support among Senate Republicans, although it's unlikely that full repeal would garner the number of votes necessary to pass the Senate. Sen. Jim DeMint, R-S.C., announced on Monday afternoon that his bill calling for the full repeal of the health care overhaul had won the support of all 47 Senate Republicans; earlier Monday, some GOP senators had yet to sign the bill. (TWP)

against the measure. "The Republicans obviously want to do something on health care, and so we want to get this out of their system very quickly," said Senate Majority Leader Harry Reid, D-Nev., on Tuesday. (THE WASHINGTON POST)

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In Brief

DUBLIN

PM Bumps Up Election, Dissolves Parliament



Cowen

Ireland's parliament dissolved Tuesday for the Feb. 25 election as Prime Minister Brian Cowen, 51, exited the political stage defending his management of the nation's plunge toward bankruptcy. Cowen agreed to the early election losing his parliamentary majority last month. (AP)

BEIJING

Family Storms Hospital, Enraged by Man's Death

Relatives of a patient who died rampaged with knives through a Shanghai hospital, wounding six people and trying to throw a doctor out a window, news reports said Tuesday. The 20 relatives of the patient, identified as Liu Yonghua, reportedly stormed through Xinhua Hospital after Liu died Monday. (AP)

MOSCOW

More Satellite Troubles Reportedly Beset Russia

Russia said it lost contact Tuesday with a newly launched military satellite. The mishap follows a failed launch of three satellites in December, which cost two officials their jobs. (AP)

Mideast's Spreading Uncertainty

Egypt's crisis piles pressure on leaders of region's U.S. allies

Ramallah, West Bank

Jordan's king fired his Cabinet on Tuesday, and the Palestinian president promised to hold long-delayed elections as America's Mideast allies came under pressure for democratic reforms because of the uprising sweeping Egypt.

But the Western push for reform in this region has backfired in the past, strengthening Islamists at the expense of pro-U.S. moderates.

The revolt against Egyptian President Hosni Mubarak has raised two urgent questions: Will it spread and perhaps destabilize other countries, and will it bring more democracy to the Arab world?

The democracy question is particularly pressing for such U.S. allies as Jordan and the Palestinian Authority in the West Bank, which have long faced U.S. pressure to uphold democratic values.

Even as they loosen the reins a bit, Jordan's King Abdullah II



Abbas' Ongoing Struggle

Palestinian President Mahmoud Abbas saw his Fatah movement trounced by Islamic militant Hamas in 2006 elections he called under U.S. pressure. Hamas took Gaza by force in 2007, and he has since clamped down on Islamists in the West Bank. Abbas expressed concern this week that loosening his control could give Hamas an opening, an official said. (AP)

Opposition to Abdullah

Jordan's King Abdullah II faces formidable opposition from the Muslim Brotherhood, an Islamic movement with roots in Egypt, where it has been a key Mubarak opponent. Hamas is the movement's Gaza branch. The king is worried about possible U.S. pressure for further reforms that could strengthen hard-line Islamists, a top Jordanian official said. (AP)



and Palestinian President Mahmoud Abbas appeared concerned about inadvertently giving a boost to their Islamic rivals.

On Tuesday, Abdullah fired his government, bowing to public pressure for reform, including several large demonstrations inspired by

those in Egypt and Tunisia.

The king instructed the new prime minister, Marouf al-Bakhit, to lead "real political reforms, which must increase popular participation in the decision-making."

Outgoing Prime Minister Samir Rifai was blamed for a rise in

fuel and food prices, and slowed reforms.

The Jordanian opposition says it doesn't seek regime change but wants to curb the king's power and called the change cosmetic.

Abdullah is willing to speed up some reforms, a top Jordanian official said. But he said the king is concerned that further reforms could strengthen Islamists.

Earlier this week, Abbas met with his security chiefs and told them to clamp down on protests in support of the Egyptian demonstrators and to make sure anti-Israel marches don't turn violent, a Palestinian official said Tuesday.

Abbas said he was concerned that loosening the grip could provide an opening to Hamas to destabilize the West Bank, the official said.

Despite such worries, Abbas' Cabinet promised Tuesday to set a date next week for municipal elections that have been postponed since July. Hamas said it would not cooperate in the vote.

Meanwhile, there have been stirrings of discontent among nations in the region that aren't U.S. allies, notably Syria and Sudan. (AP)

\$1.25B

The amount of money to be paid in BP's fourth-quarter dividend, or 7 cents per share, BP PLC said Tuesday. The company had halted such payments amid pressure to pay for the April 20 well blowout. BP also posted a full-year loss of \$3.7 billion in 2010, its first in almost 20 years. (AP)

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World

Diplomatic Standoff Deepens in Pakistan

Court forbids release of American held in 2 shooting deaths

Lahore, Pakistan

A Pakistani court ordered the government Tuesday not to release an American official arrested in the shooting deaths of two Pakistanis despite U.S. insistence that he has been detained illegally.

Lahore High Court Chief Justice Ijaz Chaudhry also told the government to place the American on the “exit control list” so that he cannot leave the country. Some experts questioned whether the court had the authority to issue such orders. The ruling could further complicate what has become a serious diplomatic spat between the two countries.

The U.S. Embassy in Islamabad has argued that the American, who it has not named, has diplomatic immunity and is demanding he be

Backstory

Raymond Allen Davis, 36, was a member of the U.S. Embassy's staff in Islamabad, according to U.S. officials. They have not clearly identified his job or explained why he was carrying a gun, fueling speculation that he may be a CIA agent or security contractor, and raising questions about whether he has diplomatic immunity. The U.S. says Davis shot two Pakistanis in Lahore last Thursday in self-defense because they were trying to rob him at gunpoint. (AP)

released. A copy of the American's passport obtained by The Associated Press identifies him as Raymond Allen Davis.

Pakistani officials have seemingly gone out of their way to avoid deciding whether Davis should be released, likely because of possible backlash in a country where anti-U.S. sentiment is rife despite billions of dollars in U.S. aid. (AP)

Australia Preps for a Cyclone Thrashing



RESIDENTS FILL SANDBAGS Tuesday at a beach in Townsville, Queensland, Australia. The northeast part of the country, still reeling from widespread flooding, is bracing for Cyclone Yasi. The storm is expected to make land-fall late Wednesday with winds up to 155 mph, sending many Australians fleeing.

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Mubarak to Step Aside

Egyptian leader's pledge not to seek re-election doesn't satisfy protesters

Cairo

President Hosni Mubarak announced Tuesday he will not run for a new term in September elections but rejected protesters' demands he step down immediately and leave the country, vowing to die on Egypt's soil, after a dramatic day in which a quarter-million Egyptians staged their biggest protest yet calling on him to go.

Soon after his speech, clashes erupted between protesters and government supporters in the Mediterranean city of Alexandria, and gunshots were heard, according to footage by Al-Jazeera television.

Mubarak's halfway concession — an end to his rule seven months down the road — threatened to inflame frustration and anger among protesters, who have been peaceful in recent days but have made clear they will not end their unprecedented week-old wave of demonstrations until he is out.

The speech was immediately derided by the protesters massed in central Cairo's Tahrir Square. Watching his speech on a giant TV, protesters booed and waved their shoes over their heads at his image

U.S. Pressure

Egyptian President Hosni Mubarak's announcement that he won't seek re-election came after President Obama's special envoy told Mubarak the U.S. saw his presidency at an end and urged him to prepare for an orderly transition to real democracy, U.S. officials said. The message was delivered on Monday by Frank Wisner, a former U.S. ambassador to Egypt, according to two officials familiar with the mission. Obama dispatched Wisner amid demands for the 82-year-old Mubarak to step down. (AP)

in a sign of contempt. "Go, go, go! We are not leaving until he leaves," they chanted.

In the 10-minute address, Mubarak appeared somber but spoke without an air of defeat. The president who has ruled the country for nearly three decades — and who has rarely, if ever, admitted to making a mistake or reversing himself under pressure — insisted that his decision not to run for a new six-year term had nothing to do with the protests.

"I tell you in all sincerity, regardless of the current circumstances, I never intended to be a candidate for another term," he said. "I will work for the final remaining months of the current term to accomplish the necessary steps for the peaceful transfer of power."



President Hosni Mubarak announces he won't run in Egypt's September elections.

Only a month ago, Mubarak's announcement may have been seen as a formula for a stable handover and would certainly have been a stunning development greeted with joy by reform activists — many Egyptians have assumed he was certain to run again despite health issues. But after the week of upheaval, it struck many as too little and as an infuriating stubbornness.

Mubarak would be the second Arab leader pushed from office by a popular uprising in the history of the modern Middle East, following the ouster last month Tunisian President Zine El Abidine Ben Ali.

The movement to drive Mubarak out has been built on the work of online activists and fueled by deep frustration with an autocratic regime blamed for ignoring the needs of the poor and allowing corruption to run rampant. After years of tight state control, protesters emboldened by the unrest in Tunisia took to the streets on Jan. 25 and mounted a once-unimaginable series of protests across this nation of 80 million. (AP)

Jan.-Feb. 2011 Anti-government demonstrations in Egypt's major cities lead to violent clashes with state security forces. After days of protest, Mubarak says Tuesday he won't run for president again but refuses to flee the country.

"THIS DEAR NATION ... IS WHERE I LIVED; I FOUGHT FOR IT AND DEFENDED ITS SOIL, SOVEREIGNTY AND INTERESTS. ON ITS SOIL I WILL DIE. HISTORY WILL JUDGE ME LIKE IT DID OTHERS."



Mubarak's 29-Year Rule

Egyptian President Hosni Mubarak, now 82 and serving his fifth term, has been successful at tamping down opposition in the past, but ongoing protests are testing his power. (AP/TWP)

VIOLENCE AND PROTEST

June 1995 Assassins attack Mubarak's limousine while he is in Ethiopia for a summit. He is unhurt.

Nov. 1997 In part of a wave of Islamic fundamentalist violence against tourists and Egyptian Christians, Egypt's biggest militant group opens fire in front of a temple in Luxor, killing more than 60 people.

Early 2005 Opposition activists protest against a fifth term for Mubarak.

Dec. 2005 Several people are killed as Muslim Brotherhood supporters clash with police after parliamentary elections.

1980



1990

2000



2010

HOLDING ON TO POWER

OCT. 1981 Islamic extremists assassinate Egyptian President **Anwar Sadat**. Mubarak, the vice president and former air force commander, is elected president.

OCT. 1987, 1993, 1999 Mubarak is re-elected by popular referendum.

SEPT. 2005 Mubarak is re-elected with 85.6 percent of the vote in his first multi-candidate election, but an outside group contest its fairness. Egypt's main opposition group, the Muslim Brotherhood, does not submit a candidate, because it is banned from political activity.

DEC. 2005 Mubarak's party retains a majority during parliamentary elections, but independents who support the Muslim Brotherhood win 20 percent of seats.



More Tracks Needed

Q The success of the express trains shows how badly we need a third and fourth track throughout the system. And given the additions in capacity it would create, it shows how shortsighted the board and WMATA really are.

Dr. Gridlock

offers commuter counseling online at washingtonpost.com

This is a reference to Metrorail's active management of congestion on the Red Line on Wednesday morning. The Operations Control Center expressed a lead train through several stations, then had one make limited stops before resuming regular service. That active management of a problem helped restore regular service faster. Yes, it does show that we'd be far better off with an extra track through downtown D.C.

Q I noticed awhile back that in a few Metro rail cars, the bars near the doors had been removed, eliminating the crowd of passengers near the doors. This seemed like a good idea, but I haven't noticed any such cars lately. Do you know what the deal is? The 6000 Series, the newest generation of Metrorail cars, removed poles at the front and rear to open up access in those areas and encourage riders to move to the center of the cars. That new style is not universally popular. People complain that a crowded car is a crowded car. People are going to stand anywhere they can, including near the front and rear doors. Meanwhile, people who are trying to get near the doors while the train is approaching a station say they have nothing to grab onto.

Q Does OPM coordinate with Metro at all before it closes early or opens late? It seems to me with such a large number of government employees commuting early or late (and many private-sector offices following OPM), Metro would adjust the number of trains they run or when they run rush-hour service.

Yes, OPM does talk with Metro under such conditions. But I'm not aware of any adjustments that Metro made last Wednesday afternoon because of the early dismissal. Still, I got very few complaints about Metrorail's performance during the storm. The rail network held up far better than the road network. Coordination doesn't always have the most positive result: You remember that Friday last February when all the federal workers came back and Metrorail clearly wasn't ready to provide the necessary service? The government should have told people to stay home that day.

METRO PULSE

What do you think about people who eat ice cream in the snow?



"They're daring and like to experiment. I'd rather have hot chocolate."

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When Jerome is not instructing kickboxing or Muay Thai at LA Boxing, you will find him training for and competing in Muay Thai and MMA events. Jerome is also available for personal training.

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Local

Study: Md. Roads Awful

Group says 44 percent of state's highways are aging, inadequate

Baltimore

Forty-four percent of Maryland's major roads are in bad condition, 25 percent of the state's bridges are deteriorating or obsolete, and only an unlikely infusion of federal money can halt the decline, according to a report issued Tuesday.

Like every other state in the nation, Maryland is saddled with a system of aging roads and bridges that cannot be revitalized unless Congress provides the cash, said the report by TRIP, a nonprofit national transportation research group.



An officer blocks Brock Bridge Road in Laurel, Md., due to high water in August.

The group estimated that the combination of bad roads, congestion delays, and the crashes caused by both cost Maryland drivers \$7 billion a year.

"The efficiency of Maryland's transportation system, particularly its highways, is critical to the health of the state's economy," the report said. Maryland's dilemma, as expressed in the TRIP report, is a microcosm of the national plight.

TRIP said 7 percent of Maryland bridges suffer from deterioration of the bridge deck, supports or other major components. An additional 18 percent no longer meet current highway design standards, often because of narrow lanes, inadequate clearances or poor alignment.

Drawing on data from 2008, the report said 26 percent of the state's roads showed signs of deterioration, including rutting, cracks and pot-holes. (THE WASHINGTON POST)

washingtonpost.com



WORKERS ERECT FENCE POLES Jan. 20 along the Lincoln Memorial Reflecting Pool, which — along with the District of Columbia War Memorial and other monuments on the Mall — is being restored using stimulus funds. After an era of disrepair, the "nation's front yard" is finally seeing progress. | **postlocal.com**

Va. House OKs Bill for Darker Auto Windows

Richmond, Va.

Drivers could have darker tint on vehicle windows if a bill that passed the House of Delegates Tuesday becomes law.

Virginia currently requires at least 50 percent visibility on the front side windows, although back windows can be darker.

Delegate Charles Carrico's bill, which passed on a 67-30 vote, would lower that to 35 percent visibility.

Virginia State Police opposed the measure, saying it would pose a safety hazard for troopers who approach stopped vehicles. (AP)

The Lotteries

Tuesday, Feb. 1

District

Mid-day Lucky Numbers	4-1-1
Evening Lucky Numbers (Mon.)	4-1-8
Mid-day DC 4	7-6-3-7
Evening DC 4 (Mon.)	8-6-0-4
Mid-day D.C. Five	6-1-9-4-2
Evening D.C. Five (Mon.)	4-9-0-6-2

Virginia

Mid-day Pick 3	9-2-9
Evening Pick 3 (Mon.)	9-0-4
Mid-day Pick 4	0-5-9-9
Evening Pick 4 (Mon.)	4-3-6-9
Mid-day Cash 5 (Tues.)	3-7-17-24-25
Evening Cash 5 (Mon.)	24-27-28-29-33

All winning numbers are official only when validated at a claims location. Drawings that occur after Express' deadline will be published two days later.

Maryland

Mid-day Pick 3	6-7-7
Evening Pick 3 (Mon.)	2-0-7
Mid-day Pick 4	0-1-1-7
Evening Pick 4 (Mon.)	7-7-8-7
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Local



Jasmine Dodson, 12, daughter of Keith Dodson—a Metrobus driver killed in a collision with a tractor-trailer in 2007—makes a rubbing of her father's engraved name.

Metro Remembers 26 Killed on Duty

Memorial for killed workers unveiled, doesn't satisfy many

Washington

On Monday, Metro unveiled its first memorial to employees killed “in the line of duty” since the Washington transit system opened in 1976, a black, polished granite pylon at Metro Center engraved with 26 names spanning three decades.

Family members of those killed voiced muted appreciation at the gesture, but several wondered why it took the transit agency so many years to commemorate the loss of their loved ones.

“I honestly don’t know why it took so long. I kind of thought it went by the wayside,” said Sophia Cherry, whose husband, Leslie Arvell Cherry, died Nov. 30, 2006, when he and another track worker were struck and killed by a train while inspecting

tracks between the Huntington and Eisenhower Avenue stations.

The memorial “really doesn’t do anything for me,” Cherry said. “I’m very ambivalent about it. ... It doesn’t give me any closure.”

Metro union chief Jackie Jeter, president of Amalgamated Transit Union Local 689, which represents many of Metro’s 10,000 employees, welcomed the recognition for fallen workers but said it was long overdue.

“Employees have wanted this for a long time,” she said, explaining that discussions about such a memorial started in the early 1990s.

Metro spokeswoman Lisa Farbstein said the memorial was approved by Metro’s board of directors in July 2006, and Metro General Manager Richard Sarles “directed staff to advance the project” after taking the job of interim chief last spring.

ANN SCOTT TYSON (THE WASHINGTON POST)

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Mating Season

Chinese panda expert Dr. Tang Chunxiang is helping the National Zoo perform artificial inseminations of the zoo's female panda, Mei Xiang, left. The zoo announced Tuesday that pandas Mei Xiang and Tian Tian attempted to mate on Saturday but weren't successful. (AP)

Power Player

Terrapins big man Jordan Williams had 21 points and 15 rebounds in Maryland's victory on Sunday night against ACC rival Georgia Tech.

JOHN MCDONNELL/TWP



FEAR FACTOR

UMd., Duke learn from scared-straight moments this year

Terps Hoops

A little more than a week ago, when Maryland had lost three of four and things weren't looking good, the seniors sensed it was time to deliver their scared-straight message.

At a team meeting on the eve of a critical conference game on their home court, Adrian Bowie, Cliff Tucker and Dino Gregory told their younger teammates that they'd been down this road and it ended in a dark, sad place.

The message was clear: When the season ends, you don't want to find yourself in the NIT, playing in half-empty arenas for the title of "best of the rest." They'd been there as freshmen. Once was enough.

"We talked about some of the things that we haven't been doing," Tucker said. "To make this team better, we needed to change those things."

Milestone**Terps' Wizard**

Not only would a win over Duke be special for Maryland coach Gary Williams because it would give his team its first win against a ranked foe this year, but it would also give the Terrapins leader his 664th career victory. That milestone would tie Williams for 32nd on the all-time wins list with legendary UCLA coach John Wooden, the "Wizard of Westwood." Williams has reached 14 of the past 17 NCAA tournaments since taking the job at his alma mater in 1989, winning it all in 2002 and reaching the Final Four a year earlier. (EXPRESS)

In the next three games, they rediscovered their defensive tenacity on defense and offensive versatility. The Terps (14-7, 4-3 ACC) edged Clemson a day after the meeting and then racked up double-digit wins over Virginia and Georgia Tech.

Finding a Blueprint

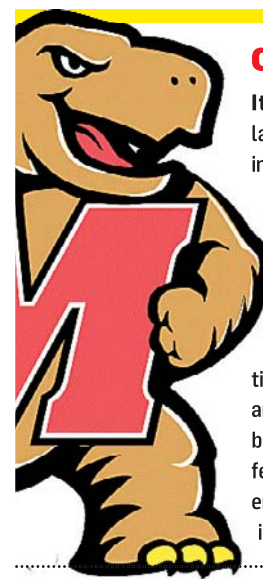
On Wednesday, No. 5 Duke (19-2, 6-1) visits College Park. The Blue Devils had their scared-straight moment on Sunday when they were pummeled by St. John's, a middling team from the Big East.

"Our worst game of the year," coach Mike Krzyzewski said. "I just thought we weren't ready to play as a program and they were really ready to play. As a result, they just handed it to us."

And in the process, St. John's showed Maryland a blueprint for stopping Duke: Contest every shot and allow no open 3-pointers.

Aside from Nolan Smith, who scored 32 points, the Blue Devils shot 37 percent from the field, well below the team's 48 percent average. And Duke connected on 19 percent of its 3-pointers, down from its 39 percent average.

Maryland, meanwhile, has thrived on its ability to defend. "I knew we'd have to be able to play defense because we might not have as much firepower as we did last year," Maryland coach Gary Wil-

**Channeling Fans' Spirit**

It's "Beat Duke" week at the University of Maryland, and school officials and police hope school spirit inspired by the rivalry doesn't turn violent as it has in the past. Before Wednesday's game, the team will appear at a pep rally to remind students of good sportsmanship and to avoid profanity in cheers. The university's student government is planning a bonfire after the game to channel fans' post-game excitement. During last year's rowdy celebration of a victory over Duke, police arrested 28 students, and a video later surfaced showing officers in riot gear beating a student. Three officers were suspended, and federal authorities are investigating. Charges were later dropped against many of those arrested that night, including the student in the video. (AP)

iams said. "We kind of hang our hat on that this year. We have to be a very good defensive team."

All Together Now

The Terrapins have also learned that they can't rely solely on sophomore center Jordan Williams to score points. Two weeks ago, when Virginia Tech denied him the ball, he stumbled, and the Terrapins played their worst game of the season.

But a week later, when Williams was held to four points and six rebounds, the Terrapins handled Virginia easily and boosted their

confidence in the process. Williams returned to form Sunday against Georgia Tech, scoring 21 points and grabbing 15 rebounds.

The challenge will be for Maryland to put it all together against Duke and seize one of its last opportunities to pull itself off the path to the NIT and steer toward the NCAA tournament.

"It should be a very interesting game," Gary Williams said. "There's been some great games in this series the last 10 years or so, and, hopefully, this is another one Wednesday night." **DEREK TURNER**

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Players Cool on Dallas' Weather

Inclement conditions are chilly even by Green Bay standards

Super Bowl

Super Bowl week is too cold so far for "The Freezer."

B.J. Raji, the 337-pound nose tackle for the Packers who's drawn comparisons to former Bears standout William "The Fridge" Perry, made that clear Tuesday at media day.

"Too cold," Raji said. "Feels like the AC is on."

While the rest of the Dallas area slipped and slid through a miserable morning of ice, bone-chilling winds and light snow, the NFL stuck to its Super Bowl schedule.



A worker tries to chip away at the ice in front of Cowboys Stadium on Tuesday.

League spokesman Greg Aiello sent out a Twitter message saying media activities at Cowboys Stadium in suburban Arlington would go on

as planned — and they did, thank with the roof closed, thankfully, high above the Packers, Pittsburgh Steelers and hundreds of reporters

in town for Sunday's game.

The wintry blast of ice, blustery winds and plummeting temperatures also closed schools and snarled traffic. Walkways outside Cowboys Stadium in Arlington were a sheet of ice, and a temporary building set up on the grounds had a hole in it, curtains flapping in the stiff wind.

The Packers might even practice indoors this week if the weather doesn't improve — just like they do at home. "It's a little too cold for me," linebacker Clay Matthews said. "Texas is supposed to be hot and humid. I was looking forward to that. I am a California guy."

Then again, receiver Greg Jennings said it felt like home. "We're in Green Bay right now," he said.

SCHUYLER DIXON (AP)

In Brief

PRO BASEBALL

O's Pitcher Denied Bail

Baltimore Orioles reliever Alfredo Simon was denied bail Tuesday and will remain in jail on an involuntary manslaughter charge. The 29-year-old pitcher is expected to stay in jail for a year while officials investigate a fatal shooting on New Year's Eve in the city of Luperon in Puerto Plata. (AP)

MAJOR LEAGUE SOCCER

United to Try Out Davies

D.C. United announced on Tuesday that will give a weeklong try out to French-based forward Charlie Davies, the once-promising American star whose career was derailed by injuries suffered in a car accident in Arlington, Va., in 2009. Davies will report to training camp in Fort Lauderdale, Fla., as United evaluates whether to go through with a 12-month loan from Sochaux. (TWP)

TENNIS

Ailing Nadal Out 10 Days

Top-ranked Rafael Nadal will need 10 days to recover from a leg muscle injury sustained during his quarterfinal loss at the Australian Open. A statement on Tuesday said Nadal tore a muscle in his right leg during last week's loss that ended Nadal's hopes of holding all four Grand Slam titles at once. (AP)

Three of a Kind at Media Day



GETTY IMAGES/AP

A DAY AFTER BEING NAMED THE NFL'S DEFENSIVE PLAYER OF THE YEAR, Steelers safety Troy Polamalu was the inspiration for some of the most comical moments from Tuesday's Super Bowl media day. At left, Packers linebacker Diyral Briggs sports a Polamalu wig. Later, Pittsburgh receiver Hines Ward, right, also has some fun at his teammate's expense. Polamalu, center, ironically, kept his famous mane in a ponytail while fielding questions days before Sunday's big game.

Bird Sanctuary: The Indiana Pacers have replaced their coach, but they'll keep team president Larry Bird at least through the season. Owner Herb Simon told the AP on Tuesday that he believes Bird has performed well under difficult circumstances, and he could be back next year. On Sunday, the Pacers fired coach Jim O'Brien and replaced him with assistant coach Frank Vogel. The Pacers have missed the playoffs four-straight seasons. (AP)



TV Lineup

TERPS HOOPS (9 P.M., ESPN)

Can Maryland hand Duke a second-straight defeat?

HOKIES HOOPS (7 P.M., ESPN2)

Virginia Tech aims to add to its NCAA resume when visiting N.C. State.

COLLEGE HOOPS (7 P.M., ESPN; 9 P.M., ESPN2; 11 P.M., ESPN2, FSN)

Reeling Syracuse faces Connecticut; Missouri visits Oklahoma State; Utah State hosts Nevada, and UCLA takes on USC.

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members of the female species.
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The Washington Post

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lookout



Baby Mama
Christina Applegate
welcomes her first
child, Sadie Grace **31**

Geek Philosophy



AP/GETTY IMAGES

Touch of Wonder

Just the other day, as I was cleaning my place, I stumbled upon my long-forgotten PlayStation Portable. I chuckled with wonder because what I regarded as a true techno marvel just a few years ago was now literally gathering dust, an afterthought in the age of iPhones and Angry Birds.

Despite the sophistication of its hardware, the PSP never really

caught on with gamers, especially once they started downloading casual games into their smartphones. But the PSP's manufacturer, Sony, aims to turn its luck around with its recently announced Next Generation Portable, shown above.



By
Kenneth
Terrell

That name will likely change before it goes on sale later this year, but some enticing details are now set in stone. I'm most intrigued by the fact that the NGP will use touch-screen technology on both its front and back. Because most of your fingers are actually touching the back while you are playing these handheld gaming devices, this extra touch screen could make games more engaging. These new controls sound bizarre, but so did those of the Nintendo Wii and the Xbox Kinect when they were first announced. If Sony gets it right, gamers might get their hands on a revolution.



MELISSA SCHILLING/HDNET

Zane Lamprey hosts two shows about drinking: the world-traveling "Three Sheets" and the U.S.-set "Drinking Made Easy," above.

Libation Sensation

It's happy hour every day as alcohol-soaked programs flood the broadcast airwaves

Television

It could be argued that Zane Lamprey has the greatest job in America.

The comedian hosts "Drinking Made Easy," a half-hour tour-bus romp through America's bars, breweries and backyard distillation projects each Wednesday night on HDNet. As near as can be determined, the man's job is to drink, hang out with buddies and be at

work on time tomorrow. "Three Sheets," the 52-episode international version of the idea (filmed a few years ago and also starring Lamprey), starts a new airing on Spike TV on Feb. 8 at 10:30 p.m.

Of course, Lamprey has competition for the greatest-job title.

Actor Stanley Tucci's job description on "Vine Talk," a wine-tasting gab fest slated to debut on PBS in April, is to chat with famous friends on camera, sip vino in a blind tasting and pick a favorite. It's a hard day at the office for Darryl Robinson, host of "Drink Up" on the Cooking Channel (12:30 p.m., Mondays), where the vibe is all cosmopolitan sophistication.

Reality Boozing

Cork Competition

Bringing in the reality-show concept is PBS' "The Winemakers," which bills itself as the country's "No. 1 television series about wine." The idea is familiar: 12 contestants from varied backgrounds vie for the chance to become a winemaker, with their product shipped across the nation. Each week they face elimination rounds: working the harvest at a vineyard, selling the stuff at an event, creating a label and blending a new wine. (TWP)

There has been the occasional cable or PBS series about the finer aspects of wine and spirits before, but the past two years have been a televised bender of precedent-breaking proportions. Shows with shots? Yes! Shows with swirling the glass to let the wine breathe? Yes! Shows with a swizzle stick? Sure! From the stunt drinking on Lamprey's travelogue (one plot summary: He "drinks a beer that can

Couch potatoes can now sit, drink and talk, while watching other people sit, drink and talk.

kill chickens") to Tucci's and Robinson's urbane wit, couch potatoes can now sit, drink and talk, while watching other people sit, drink and talk.

"We were going to Hawaii and some guy [in the production meeting] says, 'We'll need a day to acclimate,'" Lamprey says. "And I said, 'Dude, it's Hawaii! We're not filming a documentary on pineapple production. It's drinking!'"

For Robinson, the 37-year-old host of "Drink Up" and a bartender by trade, the sudden popularity in bar and wine shows is a natural.

"It's a \$65 billion industry, so the fact is that people drink," he says. "Almost everyone does, to some level or another, to the point where it's a real statement for someone not to drink. So, if there are 100 cooking shows because everybody eats, the market seems underserved with four or five drinking shows."

NEELY TUCKER (THE WASHINGTON POST)



Grateful Man: Jimmy Fallon will release two books named after the weekly "Thank You Notes" segments of "Late Night With Jimmy Fallon." According to publisher Hachette Book Group, the books will cover more than 150 subjects, from "sweater vests and adult mittens," to his father and "a light bulb he is too lazy to replace." Fallon will also write a forward for each of the books, according to TV Guide. (AP)



SUB POP RECORDS

Mixed Media

New Folkways

Seattle folk rockers **FLEET FOXES** have announced Sub Pop/Bella Union Records will release their sophomore album, "Helplessness Blues," on May 3. The album, the quintet's follow-up to their 2008 self-titled debut, was both mixed and co-produced by Phil Ek (Band of Horses, Built to Spill), with the band sharing the producing credit. Recording took place at Avast Recording, Bear Creek

Studios, Dreamland Studios and Reciprocal Recording (where Nirvana recorded its debut album, "Bleach") over the course of a year. On Monday, the group offered a download of the album's title track for free on its website, Fleetfoxes.com. Three days before the album's release, Fleet Foxes will kick off a North American tour in Vancouver. The tour stops at DAR Constitution Hall in Washington on May 15; tickets go on sale on Friday. (BILLBOARD.COM/EXPRESS)



Command of Language

Philip Fried sought inspiration from some unpoetic sources for his latest collection

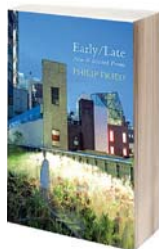
Author Q&A

Performance reviews and layoffs are decidedly unpoetic. But that's exactly what inspired new verse in Philip Fried's latest collection, "Early/Late" (\$22, Salmon Poetry).

The New York-based Fried has been combining the language of industry — corporate slogans and lingo — with the words and forms of poetry for decades. His previous book, 2010's "Cohort," collected a series of postmillennial sonnets that mashed centuries-old phrases and patterns with current concerns.

Prior to his reading at Politics & Prose, Fried spoke to Express about reading his old poems and moving beyond the first-person pronoun.

"Early/Late" combines new poems with those from previous collections. What were your criteria for



LYNN SAVILLE

For his new book, "Early/Late," poet Philip Fried revisited some of his older work.

deciding which earlier poems to include?

When you write individual poems, you just write what you think and feel at the moment. But when you put together a book, it's a whole different story. I used to think putting together a book was like making sausages: just one after the other of what you'd written previously. I didn't realize that a book was constructed. That applies even more to putting together a whole series of books. I did it intuitively to get a sense of trajectory, so readers could get a sense of where I was moving from and where I was moving to.

What attracts you to the technological and corporate language that runs through your poetry?

At one point, I was reading the Russian critic Mikhail Bakhtin, and he writes that one of the things he likes about the novel ... is the multi-vocal quality that you can achieve in a novel, with different voices and registers of language speaking to one another. Then he says — and I think he's quite wrong about this — that poetry is uni-vocal. For him, it's a pure medium in contrast to the mixed medium of the novel. But I think that could be applied

to poetry equally well. I like to engage with dirty language — and not in the usual sense of "dirty," but the intractable language that surrounds us: advertising, military jargon, things like that. I like to have different linguistic regis-

"When you write individual poems, you just write what you think and feel at the moment."

ters collide, like in plate tectonics, in the hopes that they'll create a tremor and the tremor itself will be the poetry.

That's intriguing, especially considering that poetry is often viewed as an escape from the modern world.

Exactly. I think poetry gets painted into a corner. If the language of poetry is only supposed to reflect a personal sensibility, then you're just narrowing and narrowing until you get repetitive. **STEPHEN M. DEUSNER**

● *Politics & Prose, 5015 Connecticut Ave. NW; Wed., 7 p.m., free; 202-364-1919. (Van Ness)*

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FOR MORE UPCOMING EVENTS, FOLLOW THE TOP STOPS BLOG AT EXPRESSNIGHTOUT.COM/TOPSTOPS

1 Mortal Combat

Book readings don't have to be placid. The Black Cat's Literary Death Match — not to be confused with a literal death match; no one will actually be killed — features four writers, three judges (including The Post's Chris Richards, left) and a contest of physical strength between the finalists. Popcorn for everyone! **Black Cat, 1811 14th St. NW; 8 p.m., \$10; 202-667-4490. (U St.-Cardozo)**

2 Slapsticky Notes

It's really not a great season for Shakespeare in D.C. — all the companies have veered from "Hamlet" and "King Lear" into the less-popular, or — as some of us call them — "bad" plays. "Comedy of Errors," at the Folger, is one of Shakespeare's least introspective comedies, but it does have an impressively labyrinthine plot. And it has a huge advantage in director Aaron Posner, who has taken other second-tier Shakespeare plays and made them sing. **Folger Theatre, 201 East Capitol St. SE; through March 6, \$30-\$60; 202-544-7077. (Capitol South)**



3 Floral Imperative

The Smithsonian's orchid exhibit (titled "A View From the East") is ostensibly all about the flowers' significance in Asian culture and medicine. But if you ask us, it's really a chance to look at an incredible collection of the weirdest, most beautiful flowers on the planet. There's a reason people go crazy over orchids, and the Smithsonian has more than 9,000 specimens in its gardens. **National Museum of Natural History, Constitution Avenue at 10th Street NW; through April 24, free; 202-633-1000. (Smithsonian)**

TV tonight **lookout**

Best Bets

PBS
8:00

Nova scienceNOW The new episode "How Does the Brain Work?" delves into the matter of our gray matter to explore how various functions of the brain allow humans to act, think, feel, behave and process the world around them.



CBS
9:00

Criminal Minds The murders of several women in a similar fashion have Rossi reopening an unsolved case from more than two decades earlier. The suspect Rossi tracked in the original case returns but now has Alzheimer's disease.

HIST
9:00

Bigfoot: The Definitive Guide Using a new interactive map, a team of scientists examines global hot spots and searches for explanations of Bigfoot, including new theories that suggest people may have been looking for the wrong creature all along.

ABC
10:00



Off the Map Mina (Mamie Gummer, left) struggles with her personal moral code after learning who her patient really is. Lily learns more about Ben's past and finds her first trip into the city challenging. (TRIBUNE MEDIA)



E! TRUE HOLLYWOOD STORY

Celebrity Trappings

E!
10:00

A "star" of the small screen longer than anyone could possibly care, Kate Gosselin, left, really stretches the definition of "E! True Hollywood Story." But this "True" profile concentrates on that most Hollywood of traditions: divorce, as messy and public as possible. Only time will tell whether constant media exposure will have any lasting or damaging effect on the Gosselin brood. Whatever befalls the child "stars," celebrity and notoriety have certainly taken their toll on the parents. Gosselin is described here by E!'s Ken Baker as "quite simply the most famous mom in reality-TV history." KEVIN MCDONOUGH (UNITED FEATURES SYNDICATE)

Food



Pretty Plates

The judge for this week's quick-fire challenge on "Top Chef" (10 p.m., Bravo) is fashion designer Isaac Mizrahi, above — because when you think fine cuisine, you think Mizrahi, right? Here's why: For the first time in "Top Chef" history, the dishes will be judged strictly on presentation, not on how they taste. Then, Lorraine Bracco returns as a guest judge as the cheftestants prepare a three-course Italian meal. (TM)

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must find those
shoes I saw
in Express last
Friday."**



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WHEN: Through June 10.

DETAILS: Book by March 31. Contact Goway; 800-387-8850, Goway.com.

From Budget Travel Magazine

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Ride the Wave Season

Book a cruise during lines' most popular time to save money

Excursions

River cruising is finding its niche as an alternative to mainstream cruises and megaships. Cruise lines are thinking twice about port calls in Mazatlan, Mexico. And a new port is due to open in Jamaica soon.

Those are some of the headlines from the cruise industry for 2011 as "wave season" — the most popular time of year to book a cruise — gets under way.

"It's by far the most popular time of year to book a cruise because the cruise lines drop their prices," said Jennifer Gaines, contributing editor for Travelocity. A cruise sale at Travelocity through



Carnival Cruise Lines' Magic cruise ship will sail Mediterranean itineraries through October and then will relocate to Galveston, Texas, for trips in the Caribbean.

Feb. 10 offers 65 percent off brochure prices on trips taken through Aug. 31. Many other travel agents and cruise sellers also offer dis-

counts and deals that may not be available later in the year.

Here are some details on what's new in bookings, launchings and other trends for the coming year.

Booking Trends

Travelocity's year-over-year data on cruise prices shows that, overall, consumers should be prepared to pay a little more to cruise this year. In 2009, the average price per person for a seven-night Caribbean cruise on Travelocity was \$922. The average price for a similar trip dropped to \$844 last year but is back up to \$874 for the coming year.

Luxury cruising, meanwhile, has become a little more affordable, with more deals being offered by high-end lines. For example, for 2011 bookings, Regent Seven Seas Cruises includes free overnight accommodations at deluxe hotels before every European cruise.

Safety Concerns

Disney Cruise Line has become the latest to shift its Mexican itinerary due to concerns about violence, saying that its seven-night Mexican Riviera trips will no longer stop in Mazatlan. Holland America also canceled a port call in late January in Mazatlan "in response to recent incidents of violence," the cruise line said in a statement, though it made no commitment either way for the future. (AP)

River Cruising

River cruises carry about 300,000 people a year, according to Patrick Clark, managing director of Avalon Waterways. That's just a fraction of the passengers that take mainstream cruises, but the industry has been growing about 10 percent a year since 2003, Clark said, with Avalon's growth higher, at 50 percent.

The appeal of the river ships, in part, is an experience that's completely different from a megaship. "It's gourmet-oriented, good service, nice accommodations," said Paul Motter, editor of CruiseMates.com.

Alaska

Cruise visits to Alaska are on the rise. Among the ships joining the Alaska market will be Disney Wonder, which plans 18 seven-night cruises from Vancouver, Canada, beginning May 3. "Disney going into Alaska is huge," said Spencer Brown of CruiseCritic.com. "It gives Alaska a real shot in the arm." BETH J. HARPAZ (AP)



the Capitol Dish

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Guidebook Cruise

One of the latest guidebooks to turn up as an app is "Berlitz Complete Guide to Cruising & Cruise Ships." The \$12 application for iPhone, iPad and iPod Touch includes information on 284 ships and allows users to find cruise

recommendations for explorers, families, lively party types, luxury travel, mature couples/singles. It features adventurous lines, relaxation lines and ones that cater to traveling without children. (AP)



Want to Go?

CHoW/DC's next meeting is on Feb. 13 at 2:30 p.m. at the Bethesda-Chevy Chase Services Center, 4805 Edgemoor Lane, Bethesda, Md. Mark McWilliams will be discussing the birth of the American restaurant. Chowdc.org.



Winning Food for Football

Unexpected sacks and Hail Mary passes make for a memorable Super Bowl Sunday. So, why keep the surprises on the field? We asked Sunny Anderson, host of Food Network's "Cooking for Real" (Sun., 11 a.m.), to talk game-day recipes (recipes at Foodnetwork.com/gameday).

KATHERINE BOYLE (EXPRESS)

What should we cook for the Super Bowl?

Well, the halftime meal is the big meal — everything up until that should be small appetizers. I do a BBQ chicken pizza. It's still cold outside, so I think a warm pot of chili is perfect. Chili may be overdone, but traditions are there for a reason.

Are there foods people shouldn't serve for the Super Bowl?

Don't serve red wine or foods that will stain carpets. It's a party, and people will be jumping up and having a good time. Keep stress and worry to a minimum by doing a signature drink, like hard lemonade or punch. If someone spills, it's not a big deal.

Any recipes for the health-conscious?

I like to make a flavorful fruit salad with mango salsa. I serve it in a hollowed-out pineapple. But it's still winter, so I feel like, why not pack it on? We're far enough away from New Year's, so no one's stressing about resolutions anymore.

An Extra Helping Of History

A D.C. club bites into the culinary past via old-time recipes and new-filled meet-ups

Then and Chow

At the December meeting of the Culinary Historians of Washington, D.C., members started their gathering in the usual way — by engaging in culinary show-and-tell. Congregating in the decidedly unappetizing surroundings of a government conference room in Bethesda, the cadre of chefs, foodies and history buffs passed around what seemed to be the tiny stone club of some bloodthirsty pygmy and a small, white, plastic device that resembled those three-legged alien spaceships in "War of the Worlds."

After lots of exclamations of "What they heck?" and handling of the oddities, club vice president CiCi Williamson, 66, a writer from

McLean, Va., revealed that the club would've been used in Micronesia to pulverize breadfruit, and that the UFO was actually a hard-boiled egg peeler from the 1950s. "That looks like more trouble than it's worth," Williamson said as she passed the egg peeler back to its owner.

History may be written by the winners, but it's what denizens of past decades had for dinners that concerns the Culinary Historians of Washington, D.C. (ChoW/DC for short). For 16 years, the group has met monthly to hear speakers, compare old recipes and, of course, eat a combo of retro foods and modern dishes. "Having a bite gets people talking," said Shirley Sherkasky, 83, a retired sociology professor who is the group's founder.

At the December meeting, folks snacked on candied pumpkin slices inspired by ancient Mexican customs, corn bread made from one member's old family recipe and Southern-style hummus made from black-eyed peas.

Once a year, the group gets together for a history-themed dinner. The last feast starred Native American dishes such as bison stew, cactus salad and cornmeal hotcakes with prickly-pear syrup.

But it's the lively appetite for knowledge that really keeps members showing up. In Decem-

"The average American doesn't know where their food comes from and the story behind it. But if you look back at history, you can find out how we got to where we are today."

— CICI WILLIAMSON, 66, WRITER AND MEMBER OF CHOW/DC

ber, Katie Leonard Turner, a visiting assistant professor of history at Philadelphia University, chatted about turn-of-the-20th-century convenience foods, from the hot dogs that working-class Philly men enjoyed in saloons to the pre-made pastries (meat and

vegetable filled pasties not unlike empanadas) favored by stay-at-home moms.

"Food provides a window into what peoples' day-to-day lives were like back then," Turner said. Other talks have covered morsels from the invention of the hamburger (probably in the 1880s in the U.S., FYI) to the origins of chop suey (it, too, was created in the United States, not China, back at the end of the 19th century).

"The average American doesn't know where their food comes from and the story behind it," Williamson said. "But if you look back at history, you can find out how we got to where we are today."

It's no surprise that, as the

members of CHoW/DC wandered out of their December session, they were talking about food trucks and the roots of Caribbean cuisine, a sure sign that they're making the sort of tasty history members will be pondering at meetings far in the future. **NEVIN MARTELL**

Poll Center

Today's Question

WOULD JON HUNTSMAN BE A GOOD GOP PRESIDENTIAL CANDIDATE IN 2012?

VOTE AT EXPRESSNIGHTOUT.COM OR TEXT A FOR YES OR B FOR NO TO 98999

Tuesday's Results

WILL NEW FEDERAL DIETARY GUIDELINES CAUSE YOU TO USE LESS SALT?



"Probably. And the money I save will go toward a new tar-fueled torch and a shiny new pitchfork for when the government comes to tell me what kind of underwear to buy."

AN ANONYMOUS COMMENTER

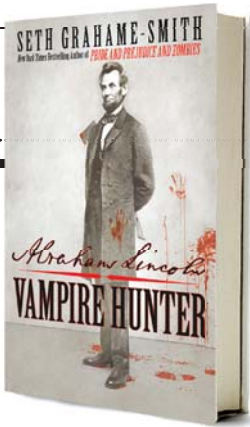
"It serves as an official reminder to reinforce what I already had learned in nutrition courses years ago."

COMMENTER ALBERT COLEMAN

"STAY OUT OF MY KITCHEN!"

AN ANONYMOUS COMMENTER

SEE HOW YOUR METRO STATION VOTED AT WWW.EXPRESSNIGHTOUT.COM



"Yes, 'Abraham Lincoln: Vampire Hunter' is an actual movie being made. No, you don't need another cup of coffee this morning. You aren't hallucinating. It's true! Tim Burton is attached to the film, which makes me think it's going to be a good one. That man can do no wrong."

— IMNOTOBSSESSED.COM IS LOOKING FORWARD TO A FILM ADAPTATION OF SETH GRAHAME-SMITH'S 2010 NOVEL.

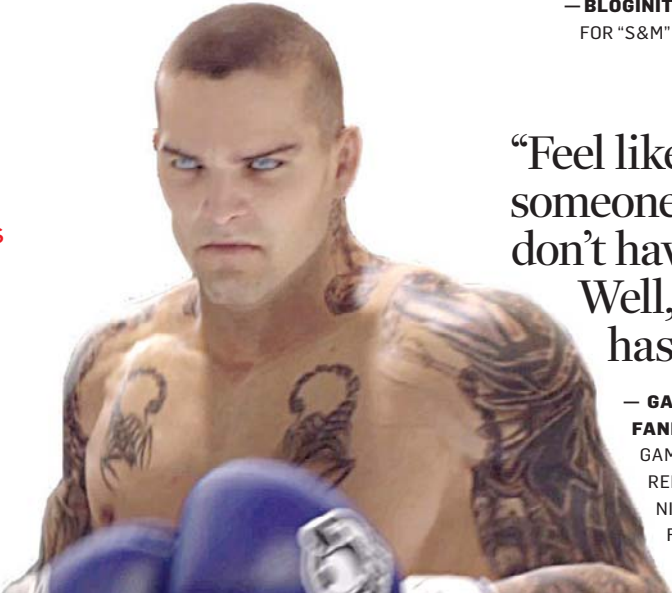
"When people talked about the Olympic stains on Canada, they discussed the relocation of the homeless; they protested aboriginal land rights being violated; they voiced the human victims of the Olympic ambitions of Vancouver and Whistler. But they forgot about the helpless victims that look a lot like your best friend."

— ROOFERONFIRE.BLOGSPOT.COM WAS SADDENED BY A REPORT CLAIMING THAT AN OUTDOOR ADVENTURE COMPANY IN BRITISH COLUMBIA SLAUGHTERED 100 SLED DOGS AND BURIED THEM IN A MASS GRAVE AFTER THE 2010 WINTER GAMES.



"Rihanna has always been a bit edgy, but it looks as though she's trying too hard to push the envelope now."

— BLOGINITY.COM THINKS THE POP STAR'S NEW VIDEO FOR "S&M" IS A BIT TOO STRANGE TO TAKE SERIOUSLY.



"Feel like punching someone in the face but don't have the bail money? Well, don't worry: EA has you covered."

— GAMERDEALS.NET/BLOGS/FANBOYDESTROYER REACTS TO VIDEO GAME COMPANY ELECTRONIC ARTS' RELEASING AN EARLY DEMO OF "FIGHT NIGHT CHAMPION," WHICH FEATURES NEW FULL-SPECTRUM PUNCH CONTROL.



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Horoscope

AQUARIUS (Jan. 20-Feb. 18) Getting from here to there may be more than a matter of mere routine; something is making the journey more complicated than usual.

PISCES (Feb. 19-March 20) You may feel cut off in some way, as you haven't heard from one or two of your compatriots in quite awhile. Get in touch.

ARIES (March 21-April 19) You'll see things through another's eyes, and the resulting epiphany is likely to change how you approach problems.

TAURUS (April 20-May 20) It's a good day to concentrate on nourishment of the mind as well as the body. A certain problem takes more brainpower than usual.

GEMINI (May 21-June 20) You shouldn't have to explain yourself; focus on getting things done in an honest and straightforward way. Make expectations known.

CANCER (June 21-July 22) You may feel like someone is pushing you in a direction in which you do not yet wish to go. You're not yet ready to move on.

LEO (July 23-Aug. 22) You can have others helping you left and right, and still you won't be able to accomplish much if your own motives are not pure.

VIRGO (Aug. 23-Sept. 22) A great deal depends upon your ability to see through the smokescreen that someone else is throwing in front of you.

LIBRA (Sept. 23-Oct. 22) What you want can't be had, but that's not likely to stop you from pursuing it wholeheartedly. A certain someone reaches out to you.

SCORPIO (Oct. 23-Nov. 21) Just a little time spent cleaning up and organizing your primary workspace can be like a magic transformation. Productivity increases.

SAGITTARIUS (Nov. 22-Dec. 21) Don't let yourself be distracted by trivial pursuits that seem more interesting than what you are really doing.

CAPRICORN (Dec. 22-Jan. 19) A change of scenery can inspire you to do something you've been wanting to do for quite some time. Today, it seems like the sky's the limit.

Scrabble Grams

PAR SCORE 140-150, BEST SCORE 205

A ₁	O ₁	U ₁	L ₁	P ₃	S ₁	S ₁

--

RACK 1

E ₁	U ₁	Y ₄	B ₃	R ₁	R ₁	B ₃

--

RACK 2

Double Word Score

A ₁	I ₁	O ₁	U ₁	T ₁	T ₁	W ₄

--

RACK 3

1st Letter Triple

A ₁	U ₁	T ₁	T ₁	L ₁	N ₁	R ₁

--

RACK 4

Yesterday's Solution

A ₁	R ₁	T ₁	W ₄	O ₁	R ₁	K ₅	RACK 1 =	92
V ₄	I ₁	R ₁	T ₁	U ₁	A ₁	L ₁	RACK 2 =	60
U ₁	M ₃	B ₃	R ₁	A ₁	G ₂	E ₁	RACK 3 =	63
M ₃	I ₁	S ₁	F ₄	I ₁	T ₁		RACK 4 =	11
PAR SCORE 145-155							TOTAL	226

FOUR RACK TOTAL

Make a 2-7 letter word from the letters in each row. Add points of each word using scoring directions at right. 7-letter words get a 50-point bonus. Blank tiles used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

Sudoku

MEDIUM

						6	7
	6	4		5			
9					8		3
		5			3		
	8	6	9		5	2	3
			2			6	
4			1				9
			7			3	2
2	5						

Yesterday's Solution

8	2	9	7	4	5	3	6	1
5	3	4	8	6	1	9	2	7
6	7	1	2	3	9	4	5	8
3	9	5	6	2	8	1	7	4
1	8	7	3	5	4	2	9	6
4	6	2	9	1	7	8	3	5
9	4	3	5	8	6	7	1	2
7	1	6	4	9	2	5	8	3
2	5	8	1	7	3	6	4	9

Need more Sudoku?
Find another puzzle in the Comics section of The Post every Sunday and in the Style section Monday through Saturday.

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Comics

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POOCH CAFE | PAUL GILLIGAN



PEARLS BEFORE SWINE | STEPHAN PASTIS



Forecast

54 | 27

Today: Rain and a thunderstorm early this morning. Partly cloudy tonight.

39 | 26

Tomorrow: Partly sunny, breezy and colder tomorrow. Mainly clear tomorrow night.

Looking Ahead



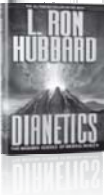
FRI **SAT** **SUN**
40 | 33 **42 | 32** **47 | 31**

Sun and Moon
Sunrise today: 7:14 a.m.
Sunset today: 5:30 p.m.
Moonrise today: 6:45 a.m.
Moonset today: 5:24 p.m.

Almanac
Normal high: 43
Record high: 77
Normal low: 27
Record low: 6

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lookout puzzles

Crossword

SOMETHING GOOD

ACROSS

- 1 Movable stage item
- 5 Word with "free"
- 9 Stereotypical snack for cops, briefly
- 14 Spiritual mentor
- 15 Cookie favorite
- 16 Notched like a maple leaf
- 17 Land measure
- 18 1492 ship of note
- 19 Aquarium growth
- 20 Reason for buckets in the cook's kitchen?
- 23 "Scarecrow and ___ King"
- 24 Violin knob
- 25 Any singer behind Gladys Knight
- 26 Bring up, as a grievance
- 27 Strategem
- 29 Have debts
- 32 Beatles drummer
- 35 "Comin' ___ the Rye" (Robert Burns poem)
- 36 In the center of
- 37 Cook's favorite Rolling Stones song?
- 40 Counterpart to Mars
- 41 Fires unceremoniously
- 42 Consumed
- 43 Where Parks took a seat to take a stand
- 44 Unicycle component
- 45 Rock blaster
- 46 Fury
- 47 "Greetings, Caesar!"
- 48 "Fee, ___, foe, fum"
- 51 Cook's side job?
- 56 Exhales like a whale
- 57 Swag or booty
- 58 Winged
- 59 Capital of Morocco
- 60 Fast tawny feline
- 61 Hackman of "The Poseidon Adventure"
- 62 Starts to receive customers
- 63 Seal in, as a steak's juices
- 64 Proofer's retraction

DOWN

- 1 One of 150 in the Bible
- 2 Soap Box Derby entrant

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20				21					22					
23				24					25					
			26				27	28				29	30	31
32	33	34				35				36				
37					38					39				
40					41					42				
43				44					45					
			46					47				48	49	50
	51	52				53	54			55				
56						57				58				
59						60				61				
62						63				64				

EDITED BY TIMOTHY E. PARKER

- 3 Some fairy-tale monsters
- 4 Gander
- 5 More skeletal
- 6 Spacecraft gasket
- 7 Tenant's expense
- 8 Word man Webster
- 9 Term of affection
- 10 Lowermost ship deck
- 11 Unready, in NASA-speak
- 12 Thunderbirds' org.
- 13 Titleist supporter
- 21 The point of a church?
- 22 English race site
- 26 They may embrace you
- 27 River of Lyon
- 28 Some hold ashes
- 29 Neglect to mention
- 30 Like the Cheshire Cat's grin
- 31 Where fig leaves were worn
- 32 Use a bayonet
- 33 No ___ traffic (street sign)
- 34 Salt agreements?
- 35 Mikhail Romanov, e.g.
- 36 Without dawdling, in memos
- 38 Slicker in the winter
- 39 Part of Arabia
- 44 Places faith in
- 45 Cameron smash hit
- 46 John Wayne or Buffalo Bill, by birth
- 47 Word combined with "therapy"
- 48 ___ mignon
- 49 Absolutely absurd
- 50 Heron's cousin
- 51 Opening in some pajamas, once
- 52 Hoop setting

- 53 Yodeler's peaks
- 54 Singles bar predator
- 55 One-liners
- 56 Term of endearment, for a frat boy

Yesterday's Solution

1	T	O	I	L	6	U	S	A	G	E	11	D	R	U	B	
4	U	R	N	S	15	P	E	N	A	L	16	R	O	B	E	
17	M	E	A	D	21	R	E	T	I	E	22	O	D	O	R	
23	S	O	L	24	C	O	M	I	N	G	25	C	L	E	A	N
26	D	E	T	O	U	R	29	A	N	N	O	Y				
32	A	P	H	I	D	37	E	V	I	C	T	38	T	A		
39	R	E	E	L	44	P	R	O	N	E	45	C	A	S	E	
46	E	R	47	M	A	N	I	A	48	T	A	K	I	N		
49	S	C	A	L	A	52	A	O	R	T	A					
53	A	L	L	W	A	57	H	E	D	U	P	58	B	I	B	
59	L	E	A	D	63	I	O	T	A	S	64	W	A	D	I	
65	T	E	R	66	T	A	U	P	E	67	I	T	L	L	E	
68	O	K	A	Y	69	E	X	I	T	S	70	T	H	E	E	

Today in History

1653 New Amsterdam (now New York City) is incorporated.

1948 President Harry S. Truman sends a 10-point civil rights program to Congress; the proposals run into fierce opposition from Southern lawmakers.

2001 Former president Bill Clinton and Sen. Hillary Rodham Clinton, D-N.Y., say they will pay for \$86,000 worth of White House gifts they kept.

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people **lookout**

QUOTES

Everything Is Better With Angelina Jolie

Jon Voight says he hopes his daughter, Angelina Jolie, will join him soon on a visit to the Jewish state. A longtime Israel supporter, Voight is visiting the country with likely U.S. presidential candidate Mike Huckabee. He said on Tuesday his daughter was well aware of his "affection for Israel and the Jewish people," but that he doesn't know where she stands on Israel. (AP)

"The cover was ... a meditation on the influence that reality TV has on contemporary culture."



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REP DEFENDS THE PHOTOS KIM KARDASHIAN TEARFULLY CALLED "FULL-ON PORN" ON SUNDAY'S EPISODE OF "KOURTNEY AND KIM TAKE NEW YORK."

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TORMENT

Silly Use of 'Z' Is the Latest Horror to Befall Katie Holmes

"The Kennedys" miniseries, dumped by the History Channel, has been obtained by ReelzChannel and will premiere April 3, Us-magazine.com reported. "One of the benefits of being an independent network is that you can be an independent voice, and you don't have to worry about corporate pressure or political pressure," said ReelzChannel's CEO, Stan Hubbard. "This is a project that deserves to be seen." (EXPRESS)



GOSSIP

Watch This News Story Devolve Before Your Eyes!

Halle Berry is going to court to seek full custody of her daughter, Nahla. A rep says Berry "has serious concerns for her daughter's well-being while in the care of her father for any extended period of time." An unnamed "source" told Radaronline.com that Berry was driven to seek custody out of jealousy when Aubry briefly dated "a high-profile reality TV star." (EXPRESS)



VALERIE MACON/AP/GETTY IMAGES

Halle is not threatened by "high-profile reality stars" — even Kardashian ones.

Victims

**Some Technicality Means Something**

A lot of complex legalese spoken to Radaronline.com amounts to "Lindsay Lohan might get sued." We'll try to make this simple: An insurance firm says Dawn Holland, the Betty Ford worker Lohan is alleged to have fought with, was "not the aggressor" in the scuffle. Therefore, her lawyer says Holland could still file a civil case. (EXPRESS)



FREDERICK M. BROWN/GETTY IMAGES

BABIES

Kids: Celebs Have 'Em

Christina Applegate is a mom. Publicist Ame Van Iden said in a brief news release Tuesday that Sadie Grace LeNoble was born Jan. 27 in Los Angeles and the actress and daughter are doing great. There are no other details. The 39-year-old "Married With Children" and "Samantha Who?" star, and 41-year-old Dutch musician Martyn LeNoble became engaged last Valentine's Day. Her pregnancy was announced in July. (AP)

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Eliminate Pain WITHOUT A PRESCRIPTION!

OsteoArthritis Sufferers Experience Dramatic Improvement in Clinical Study

A clinical study published in the *Journal of Rheumatology* evaluated the pain relieving effectiveness of *JointFlex*® Pain Relieving Cream versus a placebo. *JointFlex* is a non-prescription pain relieving cream that is available in retail stores everywhere. The eight-week clinical trial involved 63 patients who had suffered from chronic osteoarthritis knee pain for an average of 10 years!

Fast Acting, Effective Pain Relief

The study clearly showed that the users of *JointFlex* experienced substantial pain relief shortly after application. The study confirmed what thousands of satisfied *JointFlex* customers around the world already know... *JointFlex* helps you achieve a better quality of life because of its powerful and fast-acting pain relieving action. But there's more!

LONG-TERM IMPROVING Pain Relief

The users of *JointFlex* also experienced a totally unexpected and dramatic result. With continued use, a majority obtained long-term pain relief that continued to improve throughout the entire eight-week study. But that's not all!



Why Continue To Take Pills?

If you are concerned about the negative side effects of the pills you are taking or tired of the stomach discomfort that often goes along with them, it may be time to switch to *JointFlex*. Just rub *JointFlex* onto your painful areas. It's that easy. Soon after applying *JointFlex*, you won't even know you have it on other than the soothing pain relief you will be experiencing. With *JointFlex*, there are NO pills to swallow and NO negative systemic side effects to worry about like those associated with NSAIDs or oral prescription pain relievers.

Is Pain Keeping You Awake at Night?

If you are among the millions who cannot get a good night sleep because of nagging arthritis aches and pains, why not try *JointFlex*? You'll get fast acting pain relief targeted directly where you need it, and by using *JointFlex* daily, you will get long-term continually IMPROVING pain relief or your money back. With *JointFlex*, you can finally get a good night sleep. Plus, you can use *JointFlex* daily with confidence since there is no burning sensation, no lingering medicine smell and no greasy residue.

OsteoArthritis Pain ELIMINATED!

Even more amazing, one-third of the *JointFlex* users had their pain gradually decrease to the point where it was completely or nearly completely eliminated! By using *JointFlex* daily as directed, you too may be able to substantially reduce or even eliminate that arthritis pain that's been nagging you for years.

The gradual and continual improvement in long-term pain relief observed in the *JointFlex* clinical study was found to be consistent with previous studies conducted with orally administered Glucosamine and Chondroitin Sulfate.¹ As with any medication individual results may vary. Highlights of the study are available by calling the toll free number or they can be viewed online at www.jointflex.com.

How Does *JointFlex* Work?

JointFlex formulation contains the active ingredient camphor plus Glucosamine and Chondroitin Sulfate for skin conditioning. Only *JointFlex* offers the proprietary FUSOME® skin delivery system - this technology is believed to be a key factor in the amazing clinical results. This skin delivery system, available only from *JointFlex*, has been designed to deliver all beneficial ingredients quickly and safely to the skin. The *JointFlex* formula provides deep penetration and powerful relief when applied to areas where it hurts.²

No Risk Trial Offer

Now you can try *JointFlex* without any risk. Simply purchase a tube of *JointFlex* at your favorite store, online, or by phone. Your pain is guaranteed to reduce or disappear shortly after your first application.

To experience the long-term benefits of *JointFlex*, continue to apply *JointFlex* daily, preferably twice a day. Use up the entire tube of *JointFlex* and watch your osteoarthritis pain gradually and continually reduce or disappear altogether. If you're not completely amazed with the results, just send the tube and cash register receipt to us, even if the tube is empty, and we will mail you a refund. No questions asked.

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¹JointFlex will be further studied to determine the mechanism of these dramatic results and to verify that they are not due to random chance alone. ²Use only as directed.